



## THIRD SUNDAY IN LENT

### FIRST READING: Exodus 17:1-7

A reading from Exodus.

<sup>1</sup>From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded.

They camped at Rephidim, but there was no water for the people to drink.

<sup>2</sup>The people quarreled with Moses and said,

“Give us water to drink.”

Moses said to them,

“Why do you quarrel with me?

Why do you test the LORD?”

<sup>3</sup>But the people thirsted there for water,

and the people complained against Moses and said,

“Why did you bring us out of Egypt,  
to kill us and our children and livestock with thirst?”

<sup>4</sup>So Moses cried out to the LORD,

“What shall I do for this people?

They are almost ready to stone me.”

<sup>5</sup>The LORD said to Moses,

“Go on ahead of the people

and take some of the elders of Israel with you;

take in your hand the staff with which you struck the Nile and go.

<sup>6</sup>I will be standing there in front of you on the rock at Horeb.

Strike the rock, and water will come out of it, so that the people may drink.”

Moses did so, in the sight of the elders of Israel.

<sup>7</sup>He called the place Massah and Meribah,

because the Israelites quarreled and tested the LORD, saying,

“Is the LORD among us or not?”

Word of God, word of life.            *or*            The word of the Lord.

### PSALMODY: Psalm 95

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**FIRST READING**    *Rephidim = REF-uh-dim*    *Horeb = HO-reb*    *Massah = MAS-uh*  
*Meribah = MEH-rih-buh*

There is a great deal of dialogue and a great deal of drama in this reading. Do not rush. When the people make demands, help the assembly hear them at their querulous worst. Help them hear the fear and helplessness in Moses' plea to God. (Two cautionary points: In verse 2b the emphasis ought to be on the verb "quarrel" and not the pronoun "me." Be careful not to throw away verse 7—it underscores the whole point of the story.) Read every sentence loudly and clearly to its end.

## SECOND READING: Romans 5:1-11

A reading from Romans.

<sup>1</sup>Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
<sup>2</sup>through whom we have obtained access to this grace in which we stand,  
and we boast in our hope of sharing the glory of God.  
<sup>3</sup>And not only that,  
but we also boast in our afflictions,  
knowing that affliction produces endurance,  
<sup>4</sup>and endurance produces character,  
and character produces hope,  
<sup>5</sup>and hope does not put us to shame,  
because God's love has been poured into our hearts  
through the Holy Spirit that has been given to us.

<sup>6</sup>For while we were still weak,  
at the right time Christ died for the ungodly.  
<sup>7</sup>Indeed, rarely will anyone die for a righteous person—  
though perhaps for a good person someone might actually dare to die.  
<sup>8</sup>But God proves his love for us  
in that while we still were sinners Christ died for us.

<sup>9</sup>Much more surely, therefore, since we have now been justified by his blood,  
will we be saved through him from the wrath of God.  
<sup>10</sup>For if while we were enemies  
we were reconciled to God through the death of his Son,  
much more surely, having been reconciled, will we be saved by his life.  
<sup>11</sup>But more than that, we even boast in God through our Lord Jesus Christ,  
through whom we have now received reconciliation.

Word of God, word of life.      *or*      The word of the Lord.

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### SECOND READING

This is a classic declaration of the efficacy of faith. It requires a voice of confidence. Note especially the energetic crescendo beginning at verse 3 and culminating in verse 5, and the logical progression of verses 9, 10, and 11. Take a little extra time to develop a confidence in your understanding of the points being made so that you can deliver them with conviction.

## GOSPEL: John 4:5-42

The holy gospel according to John.

<sup>5</sup>Jesus came to a Samaritan city called Sychar,  
near the plot of ground that Jacob had given to his son Joseph.

<sup>6</sup>Jacob's well was there,  
and Jesus, tired out by his journey, was sitting by the well.  
It was about noon.

<sup>7</sup>A Samaritan woman came to draw water,  
and Jesus said to her, "Give me a drink."

<sup>8</sup>(His disciples had gone to the city to buy food.)

<sup>9</sup>The Samaritan woman said to him,  
"How is it that you, a Jew, ask a drink of me, a woman of Samaria?"  
(Jews do not share things in common with Samaritans.)

<sup>10</sup>Jesus answered her, "If you knew the gift of God  
and who it is that is saying to you, 'Give me a drink,'  
you would have asked him, and he would have given you living water."

<sup>11</sup>The woman said to him,  
"Sir, you have no bucket, and the well is deep.  
Where do you get that living water?"

<sup>12</sup>Are you greater than our ancestor Jacob, who gave us the well  
and with his sons and his flocks drank from it?"

<sup>13</sup>Jesus said to her,  
"Everyone who drinks of this water will be thirsty again,  
<sup>14</sup>but those who drink of the water that I will give them will never be thirsty.  
The water that I will give will become in them a spring of water  
gushing up to eternal life."

<sup>15</sup>The woman said to him,  
"Sir, give me this water, so that I may never be thirsty  
or have to keep coming here to draw water."

<sup>16</sup>Jesus said to her, "Go, call your husband, and come back."

<sup>17</sup>The woman answered him, "I have no husband."  
Jesus said to her, "You are right in saying, 'I have no husband,'

<sup>18</sup>for you have had five husbands,  
and the one you have now is not your husband.  
What you have said is true!" ▶

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**GOSPEL** Samaritan = *suh-MAIR-it-un* Sychar = *SY-car*

The mid-Lenten gospels of year A are long. They serve as helpful reminders to even the most seasoned reader that preparation is vital to the faithful reading of scripture in the assembly. Taking adequate time to hear the text by reading it aloud in rehearsal will uncover nuances and help the reader to map the text's progression. Do not hurry the reading. The assembly has gathered for this very reason: to hear the gospel!

<sup>19</sup>The woman said to him, “Sir, I see that you are a prophet.  
<sup>20</sup>Our ancestors worshiped on this mountain,  
but you say that the place where people must worship is in Jerusalem.”

<sup>21</sup>Jesus said to her, “Woman, believe me, the hour is coming  
when you will worship the Father  
neither on this mountain nor in Jerusalem.

<sup>22</sup>You worship what you do not know; we worship what we know,  
for salvation is from the Jews.

<sup>23</sup>But the hour is coming and is now here  
when the true worshipers will worship the Father in spirit and truth,  
for the Father seeks such as these to worship him.

<sup>24</sup>God is spirit,  
and those who worship him must worship in spirit and truth.”

<sup>25</sup>The woman said to him,  
“I know that Messiah is coming” (who is called Christ).  
“When he comes, he will proclaim all things to us.”

<sup>26</sup>Jesus said to her, “I am he, the one who is speaking to you.”

<sup>27</sup>Just then his disciples came.  
They were astonished that he was speaking with a woman,  
but no one said, “What do you want?”  
or, “Why are you speaking with her?”

<sup>28</sup>Then the woman left her water jar and went back to the city.  
She said to the people,

<sup>29</sup>“Come and see a man who told me everything I have ever done!  
He cannot be the Messiah, can he?”

<sup>30</sup>They left the city and were on their way to him.

<sup>31</sup>Meanwhile the disciples were urging him, “Rabbi, eat something.”

<sup>32</sup>But he said to them, “I have food to eat that you do not know about.”

<sup>33</sup>So the disciples said to one another,  
“Surely no one has brought him something to eat?”

<sup>34</sup>Jesus said to them,  
“My food is to do the will of him who sent me and to complete his work.

<sup>35</sup>Do you not say, ‘Four months more, then comes the harvest’?  
But I tell you, look around you,  
and see how the fields are ripe for harvesting.

<sup>36</sup>The reaper is already receiving wages  
and is gathering fruit for eternal life,  
so that sower and reaper may rejoice together.

<sup>37</sup>For here the saying holds true,  
'One sows and another reaps.'

<sup>38</sup>I sent you to reap that for which you did not labor.  
Others have labored, and you have entered into their labor."

<sup>39</sup>Many Samaritans from that city believed in him  
because of the woman's testimony,  
"He told me everything I have ever done."

<sup>40</sup>So when the Samaritans came to him, they asked him to stay with them,  
and he stayed there two days.

<sup>41</sup>And many more believed because of his word.

<sup>42</sup>They said to the woman,  
"It is no longer because of what you said that we believe,  
for we have heard for ourselves,  
and we know that this is truly the Savior of the world."

The gospel of the Lord.