

Lent 2026

Season of Lent Theme: Is God confined to the time we're at worship on Sundays? Tish Warren in her book, *Liturgy of the Ordinary*, moves our liturgy out of the sanctuary and into our daily lives. Instead of taking on a new discipline this Lent, experience what you already have. Join us as we consider how to reframe our everyday as an extension of worship, embracing the sacred in the ordinary and the ordinary in the sacred.

Each week's meditation will stand alone. Reading the book is optional, but it will underpin each week's meditation.

February 18, Ash Wednesday

Ashes to Go, 4:30-6:30 pm

Worship: 12 pm and 7:30 pm

Title: *The Call to Ordinary Holiness*

Text: Joel 2:1-2, 12-17, Psalm 51:1-17, 2 Corinthians 5:20b—6:10, Matthew 6:1-6, 16-21

Chapter: Forward and Waking up (Chapter 1)

Lenten Wednesdays

February 25, services 12 pm and 7:30 pm

- Title: *Embracing the everyday*
- Theme: Our daily habits, including struggles and frustrations, reveal our need for grace and shape our spiritual lives.
- Text: Romans 12, *The Message version*
- Chapters: Making the Bed (Chapter 2) and Brushing Teeth (Chapter 3)

March 4, services 12 pm and 7:30 pm

- Title: *Enough*
- Theme: In lostness, we can be found, and when we fear we might be lacking, we might just discover that we have more than enough.
- Text: John 6:35-40
- Chapters: Losing Keys (Chapter 4) and Eating Leftovers (Chapter 5)

March 11, services 12 pm and 7:30 pm

- Title: *Passing the Peace*
- Theme: Peace begins with us then it flows outward like ripples on the water.
- Text: Philippians 4:4-7
- Chapters: Fighting with My Husband (Chapter 6) and Checking Email (Chapter 7)

March 18, services 12 pm and 7:30 pm

- Title: *Unforced Rhythms of Grace*
- Theme: Flashes of the holy in some of the most automatic and least expected moments of our days
- Text: Matthew 11:28-30, *The Message* version
- Chapters: Sitting in Traffic (Chapter 8), and Calling a Friend (Chapter 9)

March 25, services 12 pm and 7:30 pm

- Title: *Sacred, sabbath rest*
- Theme: As we delight in small pleasures, and in gifts such as sleep and Sabbath, we find true rest for our souls.
- Text: Psalm 4
- Chapters: Drinking Tea (Chapter 10) and Sleep (Chapter 11)